

Appetisers

***Chef's Soup of the Day** - Served with a Warm Roll and Butter. £3.95(V)*

***Prawn Cocktail** - Shredded Iceberg and Marie Rose Dressing. £6.75(P)*

***Stuffed Pepper** - Filled with Sun Blushed Tomato, Courgette, Cous-Cous, Topped with Goats Cheese and Flaked Almonds. £5.50 (V)*

***Black Pudding Hash Cake** - Topped with a Fried Egg, Crispy Pancetta and Mustard Hollandaise. £5.95*

***Sautéed Chicken Livers** - in a Sweet and Spicy Dressing on a Garlic Crouton with Micro Leaves. £5.25*

***Salt and Pepper Calamari** - Battered Squid with Salt and Chilli Pepper Coating with Lime Mayonnaise. £5.75 (P)*

Light Bites

***Croque Monsieur** - Local Roast Ham and Smoked Applewood Cheese Sandwich Baked in Egg, served with Tomato Chutney, Homemade Crisps and Salad. £6.75*

***Ciabatta with a Choice of Topping** - Roast Pepper, Sun-Blushed Tomato and Goat's Cheese served with a Pesto Dressing, Homemade Crisps and Salad. £6.75(V)*

***Or-** Bacon, Caramelised Onion and Brie Ciabatta, Home Crisps and Salad. £6.75*

***Jacket Potato** - Choice of Filling, served with Salad and Homemade Coleslaw,*

(Ask Waitress for Fillings). £6.25(V)(G)

***Tortilla with a Choice of Filling** - Chicken, Avocado, Pepper and Rocket served with Sweet Chilli Sauce, Homemade Crisps and Salad. £7.75*

***Or-** Mediterranean Vegetables, Halloumi Cheese and Rocket Served with Sweet Chilli Sauce, Homemade Crisps and Salad. £7.50 (V)*

***Quiche of The Day** - Chefs Homemade Quiche with a Variety of Fillings Served With Salad and Coleslaw. (See waitress for today's selection) £7.95 (V)*

***Club Sandwich** - Triple Decker Toasted Sandwich Filled with Chicken, Salad, Bacon, Mayonnaise and Fried Egg. Served on White or Granary, with Salad and Crisps. £7.95*

***Steak Sandwich** - Strips of Beef Sautéed with Caramelised Onion and Gravy Served in a Toasted Brioche Bun. Served with Salad and Crisps. £8.25*

***The Arches Salad** - Fillet of Salmon or Chicken with a Pesto Crust, Roast Peppers, Olives, Sun-Blushed Tomatoes, Crushed Potatoes, Mixed Leaves, Parmesan Shavings and a Balsamic Dressing. £9.50 (P)*

***Omelette of The Day** - Choice of Fillings Served with a Salad and Coleslaw. (Ask Waitress for Fillings) £7.95 (V)*

Swap your crisps for chips for £1.25

Book Now Telephone; 01772 396081

The Arches Restaurant & Coffee Shop at Embleys Nurseries, Liverpool Road, Much Hoole, Preston, Lancashire. PR4 4RL

Main Courses

Fish and Chips - Beer Battered Cod Fillet with Hand Cut Chips and Pea Puree.

Small £9.50 Large £11.50(P)

Salmon Fishcakes - with Lemon and Dill Veloute, Buttered Spinach and Chips. £10.50(P)

Fish Pie - Selection of Fresh Market Fish, Leek, Wild Mushroom Veloute Sauce, Topped with Creamy Mash, Lancashire Cheese. £11.50(P)(G)

Grilled Fish of the Day - with a Caper and Lemon Butter, Crushed New Potatoes and Seasonal Vegetables. £13.50(P)(G)

Pan-Fried Seabass – Served on a Shellfish and Pea Risotto Finished with Mascarpone and Parmesan. £14.50 (P)

Steak and Wild Mushroom Pudding – Served with Pea Puree, Chips or Creamy Mash. £11.50

Pan-Fried Lambs Liver – Served with Creamy Garlic Mash, Crispy Pancetta and Onion Gravy. £10.00(G)

Grilled Gammon Steak - Served with a Pineapple Chutney, Fried Egg, Salad, Fries or New Potatoes. £9.95

The Arches Lasagne - Home Made Lasagne Served with Salad. £8.25

The Arches Burger - Home Made Beef Burger Served on a Toasted Brioche Bun with Bacon, Caramelised Onion and Barbecue Sauce and A Choice of Cheddar Cheese or Stilton. £10.50

Lancashire Hot Pot – Traditional Lamb Hot Pot with Home-Made Pickled Red Cabbage, Beetroot and a Warm Roll. £9.50

Supreme of Goosnargh Chicken – Served with Dauphinoise Potatoes, Pancetta, Caramelised Onion and Brie, Red Wine Jus and Seasonal Vegetables. (G) £12.50

Veggie Risotto – Roasted Squash, Wild Mushroom and Chickpea Infused with Sage, Finished with Mascarpone and Parmesan. £9.50(V)(G) Omit the Cheese for Vegans.

Filo Parcels - Spicy Roasted Sweet Potato and Pine Nut with a Rocket and Pea Shoot Salad. £9.00(V)

Sides

Mixed Salad £2.50

Chips £2.50

Garlic Bread £2.00

Seasonal Vegetables £2.50

Buttered New Potatoes £2.50

(V) Vegetarian

(P) Pescatarian

(G) Gluten Free

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Desserts

Crème Brulee with Homemade Shortbread. £4.25

Crumble of the day with Homemade Vanilla Custard. £4.25

Sticky Toffee Pudding with Toffee Sauce and Vanilla Ice Cream. £4.75

Peach, Cherry and Amaretti Trifle. £4.50

Chocolate and Orange Cheesecake, Honeycomb and Vanilla Ice Cream. £4.95

Jam Roly Poly and Vanilla Custard. £4.25

Please see specials for Chefs special desserts.

Any Customer with Food Allergies Please Inform the Waiting On Staff to check The Allergen Data Sheets, Thank You.

LUNCH SERVED 11:30AM-3:00PM

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Sandwiches

Served from 11.30am until 4.30pm

Local Roast Ham and Homemade Piccalilli. £5.00

Lancashire Cheese/Or Cheddar and Tomato Chutney. £4.75(V)

Prawn and Marie-Rose. £5.75(P)

Smoked Salmon, Cream Cheese and Chive. £6.00(P)

Tuna and Cucumber. £5.00(P)

Chicken, Mayonnaise and Salad. £5.00

Coronation Chicken Salad £5.25

Roast Beef and Caramelised Onion (served pink or well done) £6.00

All sandwiches served on white or granary bread with Homemade Crisps.

Swap your crisps for chips for £1.25

Add Bowl of Soup for £3.00

Side of chips £2.50

Selection of cakes in the patisserie

(ask waitress/ see display counter)

Toasted Tea Cake £1.50

Scone and Butter £1.50

Scone, Butter and Jam £1.75

Scone, Jam and Cream £2.00

Afternoon Tea £12.50 per person

Served from 3pm until 4.30pm

Selection of Sandwiches

Petit Scones and Cakes

Pot of Tea or Cup of Filter Coffee

Booking Required at Least 24hr In Advance. Cancellations must be made before arrival otherwise full price will be charged.

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